Slide 3 Questions

* How do you recognize promptings of the Spirit?
* I recognize the Spirit by quiet promptings. Sometimes it feels like a voice in my head telling me to do something, but a way I distinguish between the Spirit and a thought in my head is by the other feelings I get. If I get a spirit of comfort or something like that I know it is the Spirit.
* How do you invite promptings of the Spirit?
* I invite the Spirit by participating in things I know the Spirit would like as well. Sometimes by reading the scriptures or listening to hymns invites the Spirit.
* What skills or practices should you develop to increase your ability to hear the still small voice?
* Things I should do is listen more. I need to keep my mind clear of other thoughts and really listen for the guidance.

My favorite slide was slide 6

President Nelson mentions that we need to stretch to receive revelation. We need to learn to open our minds to discover more. We use revelation for revelation and knowledge for knowledge. By keeping the commandments things are opened to us